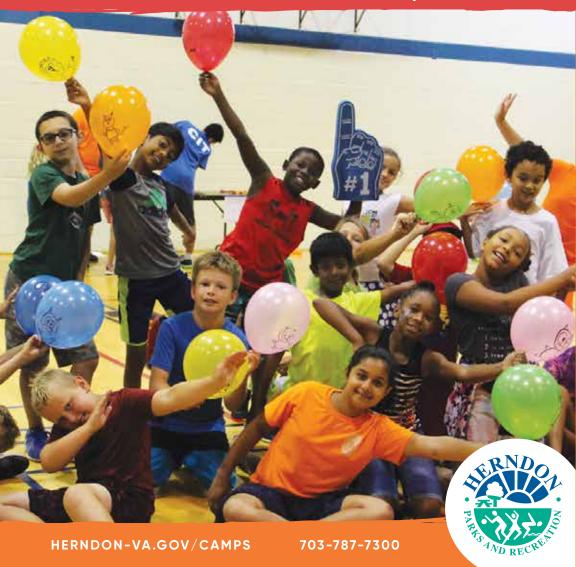
2018 SUMMER CAMP GUIDE

# FMAKE IT A SUMMER

**Herndon Parks and Recreation Department** 



# EXTENDED CAMP TIME

We are pleased to offer an extended day program for parents who need a bit more time before picking up their children from camp. Participants will join the Herndon Odyssey camp. Participants must be registered for aquatics, dance, gymnastics, full-day tennis or afternoon ½ day camps to partake.

Enrollees will enjoy a variety of engaging and fun games, group play, and creating new friendships.

M-F from 3:00-6:00pm. There is no Extended Camp Time 7/4, 8/13-8/17, or 8/20-8/24.

6/25-6/29	\$60	189010.11
7/2-7/6	\$48	189010.12
7/9-7/13	\$60	189010.13
7/16-7/20	\$60	189010.14
7/23-7/27	\$60	189010.15
7/30-8/3	\$60	189010.16
8/6-8/10	\$60	189010.17

If you see this symbol x, it means extended hours are available.

# IMPORTANT INFO

**REGISTRATION:** Summer Camp registration begins on Wednesday, April 25 at 10:00am for Town of Herndon (TOH) residents and Tuesday, May 1 at 10:00am for non-TOH residents. Start early to obtain your account and password information if this is your first time registering online with the department. Visit herndon-va.gov/recreation to get started. More programs and camps will be listed in the Summer Program and Events Guide, which will be available online or in print at the Herndon Community Center by April 5th.

FORMS & PARENT/CAMPER PACKETS: Required forms apply to individual camps. Check online at herndon-va.gov/Recreation, under Camps. Several camps have Parent Handbooks available online, or a paper version can be requested.

PARENT MEETINGS: Held at the HCC. For adults only. Preschool Play Camp - Monday, June 11 at 6:30pm Herndon Odyssey - Wednesday, June 13 at 7:00pm Teen Discovery - Thursday, June 14 at 7:00pm

**REFUND CANCELLATION POLICY:** Prior to enrolling, please read the department's refund policy, available at **herndon-va.gov/Recreation**, FAQ for P&R. Full refunds are issued if a camp is cancelled by department staff, or due to minimum enrollment not being met.

**FINANCIAL ASSISTANCE:** Financial assistance is offered by waiving a percentage of the registration fee for programs (not including trips, daily admissions or passes to the HCC) for those who meet federal financial qualifications for assistance. The fee waiver request form can be downloaded at **herndon-va.gov/recreation**. The form needs to be submitted in-person with the proper identification. Please call 703-435-6800 x2107 for information.

# HERNDON ODYSSEY

Age 6-11

Your child will make memories that last a lifetime! A variety of activities are planned to promote active participation in teambuilding, enriching games, physical fitness, expanding imagination, building self-confidence and creating new friendships. Every day at camp brings a new adventure through a variety of programs such as nature, sports & games, music, and other team-building activities. Activities are designed around weekly themes complete with age-appropriate weekly field trips.

Field trips are included in the cost of camp.
Bring a healthy lunch, water and snack every day (no peanut/nut products). The following forms must be on file prior to participation:
Camper Information and Pick-up Authorization.
Forms and the Parent Handbook are available at the HCC or online at herndon-va.gov; click on Parks and Recreation.

SPECIAL FEATURE: Take advantage of Odyssey as your child's base camp and take a lesson or specialty camp during the day at the HCC and our staff will escort your child to and from. Save yourself extra driving and schedule coordination and let your child try something new. Kindly notify the parks and recreation department in advance in writing of dual-enrollment.

Parent Meeting: Wednesday, June 13 at 7:00pm

#### **SESSION I**

10, 10.5 hour sessions

M-F 7:30am-6:00pm 6/18-6/29 \$234/\$311 186110.01

#### **SESSION II**

 9, 10.5 hour sessions
 no class 7/4

 M-F
 7:30am-6:00pm
 7/2-7/13
 \$211/\$281
 186110.02

#### **SESSION III**

10, 10.5 hour sessions

M-F 7:30am-6:00pm 7/16-7/27 \$234/\$311 186110.03

#### **SESSION IV**

10, 10.5 hour sessions

M-F 7:30am-6:00pm 7/30-8/10 \$234/\$311 186110.04



# TEEN DISCOVERY

Age 12-15

Adventure awaits! Teen Discovery allows teengaers to spend two full weeks with friends, while traveling to their favorite summer destinations. Each day promises a new adventure through field trips, games and activities. Bring a lunch, water bottle, bathing suit and towel daily. Cost includes supervision, van transportation and admissions. Startina and ending times will vary depending on the trip. There are different destinations each session. Teen Discovery requires independence and good judgment from the participants. Responsibility is an important element of the program, as teens are frequently permitted to experience activities in small groups on their own, checking in at designated times and locations.

Parent Meeting: Thursday, June 14 at 7:00pm

**SESSION I -** Kings Dominion, Paintball, Water Park, Rebounderz

10, 7 hour sessions

M-F 10:00am-5:00pm 6/18-6/29 \$319 / \$424 186220.10

**SESSION II -** Kings Dominion, Ropes Course, Tubing, Aquarium

9, 7 hour sessions no class 7/4

M-F | 10:00am-5:00pm | 7/2-7/13 | \$287/\$382 | 186220.11

**SESSION III -** Kings Dominion, Horseback Riding, Launch Trampoline Park, Laser Tag

10, 7 hour sessions

M-F | 10:00am-5:00pm | 7/16-7/27 | \$319 / \$424 | 186220.12

**SESSION IV** - Kings Dominion, Dave & Buster's, Washington Nationals Game, Rafting

10, 7 hour sessions

M-F | 10:00am-5:00pm | 7/30-8/10 | \$319 / \$424 | 186220.13



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If you see this symbol  $\mathbb{X}$ , it means extended hours are available.

# TEEN DISCOVERY EARLY BIRD

Age 12-15

Camp is open with supervision for registered campers only. Campers can do games, crafts, and team building activities as they prepare for each trip during the early bird hours.

9, 90	minute sessions		no	class 7/4
M-F	8:30-10:00am	7/2-7/13	\$60	186221.11
10, 90 minute sessions				
M-F	8:30-10:00am	6/18-6/29	\$60	186221.10
M-F	8:30-10:00am	7/16-7/27	\$60	186221.12
M-F	8:30-10:00am	7/30-8/10	\$60	186221.13

# COUNSELOR IN TRAINING Age 13-15

Teens learn how to plan, teach and execute youth programs and activities. C.I.T.'s will work in the Herndon Odyssey and Gymnastics camps and shadow counselors while developing skills. This program is designed to prepare participants to become effective and talented counselors. C.I.T. requires independence, commitment and good judgment from the participants. C.I.T.'s are provided with camp shirts, training and a program manual. Bring lunch, water bottle, sunscreen, swim suit, towel, and clothes for working outdoors. C.I.T.'s must attend one of the two trainings prior to serving as a C.I.T. – either 6/16 (180022.61) or 7/14 (180022.62).

9, 7 hour sessions			no	class 7/4
M-F	9:00am-4:00pm	7/2-7/13	\$135 / \$180	180021.12
10, 7	hour sessions			
M-F	9:00am-4:00pm		\$150 / \$200	
M-F	9:00am-4:00pm	7/16-7/27	\$150 / \$200	180021.13
M-F	9:00am-4:00pm	7/30-8/10	\$150 / \$200	180021.14

# AQUATICS CAMP\*

Age 7-12

Let your child spend the day in the pool! Opportunities to develop/practice competitive swimming strokes, turns, and dives. Guest instructors will guide new activities such as water aerobics, springboard diving, and more! Bring a swim suit, goggles, two towels, pool shoes, and a bag lunch (no peanut/nut products). Snack will be provided. Registration fee includes a camp t-shirt and bag. Swimmers must pass a swim test (swim one length of the pool and tread water for one minute) in order to register for the camp. Swim tests are by appointment only. Call 703-435-6800 x2134.

5, 6	hour sessions			
M-F	9:00am-3:00pm	8/6-8/10	\$175 / \$233	109510.10



# PRESCHOOL PLAY CAMP

Age 3-5

Themed activities include arts & crafts, music, drama, games and nature. Great staff and a low staff-participant ratio will further enhance a positive environment. Registration fee includes daily activities, t-shirt and weekly swim-n-splash day. Children must be potty-trained. Parents will be asked to provide a snack for one day for each session enrolled.

Camp is licensed through the State of Virginia Social Services Department, which requires we see your child's original or a certified copy of the birth certificate or passport. Children must be 3 years old by May 1, 2018. Prior to the start of the program, the following forms need to be on file for your child to participate in the program: General Registration, Physical & Immunization Records, Authorization for Pick-up and Camper Information Forms. Forms will be available online or a paper version can be requested.

Parent Meeting: Monday, June 11 at 6:30pm.

#### THE DEEP AND THE BEACH

Explore the creatures in our deep blue sea: whales, sharks, octopuses, starfish, sea horses, and mythical creatures. Join in the fun as we discover the beach with tide pools, waves, sand castles, crabs, and hermit crabs.

10, 4 hour sessions

M-F 9:00am-1:00pm 6/18-6/29 \$210/\$279 186000.11

#### **ABOVE AND BELOW**

What is that up in the sky? Planets (and planetoid), moon, stars, comets, constellations, astronauts and spaceships. What is under my feet with coral reefs, volcanoes, forests, and grasslands?

9, 4 hour sessions no class 7/4

M-F 9:00am-1:00pm 7/2-7/13 \$189/\$251 186000.12

#### **DINOSAUR DAYS**

Which dinosaurs were plant eaters? Learn about Stegosaurus, Triceratops, Brachiosaurus (Brontosaurus), dinosaur nests, and eggs (Maisosaura). Who walked the Earth as meat eating dinosaurs? Learn about the life of the T-Rex, Allosaurus, and Velociraptor.

#### 10, 4 hour sessions

M-F 9:00am-1:00pm 7/16-7/27 \$210/\$279 186000.13

#### **FINE ARTS**

Explore paint, finger paint, chalk sketches, collage, and sculpture (modeling clay). Join us as we continue to learn about songwriting, singing, and drama.

#### 10, 4 hour sessions

M-F 9:00am-1:00pm 7/30-8/10 \$210 / \$279 186000.14

# NATURE EXPLORERS CAMP

Age 5-8

Explore nature through hands-on activities and outdoor learning, utilizing senses to discover a joy and appreciation for nature! Each week, we will investigate a different theme, centered around science experiments, nature walks, art projects, environmental education and fun! Each day, campers should apply sunscreen and insect repellent prior to camp, wear closed-toe shoes, bring a lunch, water bottle and a snack (no peanut/nut products). T-shirt included. Camp meets at Runnymede Park.

# ECOLOGY-REDUCE, REUSE AND RECYCLE

Learn the important factors to help with ecology and help protect the earth. Create crafts from recycled materials.

5, 4 hour sessions

M-F 9:00am-1:00pm 6/18-6/22 \$75 / \$100 186310.09

#### GARDENING FOR THE FUTURE

Where does our food come from? Does it all come from the grocery store? Learn the basics of gardening and where food comes from and how to grow it.

5, 4 hour sessions

M-F 9:00am-1:00pm 6/25-6/29 \$75 / \$100 186310.10

# LIFE CYCLES OF CREATURES BIG AND SMALL

Do we look the same as we did when we were kids? No and neither do animals. Learn various life cycles of different animals big and small.

4, 4 hour sessions no class 7/4

M-F 9:00am-1:00pm 7/2-7/6 \$60 / \$80 186310.11

#### **ANIMALS AMONG US**

Take a walk in the woods and what do you find? What is in your backyard at night? Learn the various animals that live among us.

5, 4 hour sessions

M-F 9:00am-1:00pm 7/9-7/13 \$75 / \$100 186310.12

#### **OUTDOOR LIVING SKILLS**

Have you made a fire before? Do you know how to make a shelter to get out of bad weather? Come learn outdoor living skills and how to survive in the woods.

#### 5, 4 hour sessions

M-F 9:00am-1:00pm 7/16-7/20 \$75 / \$100 186310.13



#### **ASTRONOMY & THE SOLAR SYSTEM**

Learn about the amazing solar system and identify the different planets that make up our solar system.

5, 4 hour sessions

M-F 9:00am-1:00pm 7/23-7/27 \$75 / \$100 186310.14

#### **WEATHER OR NOT**

What causes it to rain or snow? How do volcanoes work? Learn this and much more during our "Weather or Not" camp.

5, 4 hour sessions

M-F 9:00am-1:00pm 7/30-8/3 \$75 / \$100 186310.15

# ENGINEERING WITH LEGO®

Power up your engineering skills with Play-Well TEKnologies; design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

#### **NINJANEERING** AGE 6-11

Gear up for a full-day LEGO® camp packed with hands-on and minds-on STEM fun! In this challenge-based program, build projects inspired by cool machines close to home, such as Forklifts, Houseboats, and a Mini-Golf Course. Then build Elemental Dragons, Kai's X1-Charger, and Cole's Earth Driller from Ninjago City! Engineering and Ninjanuity are the focus of this new themed camp for LEGO® fanatics! Each day bring a lunch and snack (no peanut/nut products).

5, 6 hour sessions

M-F 9:00am-3:00pm 8/13-8/17 \$315/\$419 186410.11



If you see this symbol 🗷, it means extended hours are available

#### **INTRO TO STEM** AGE 5-7

Give your imagination a boost with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Cities, Garbage Trucks, Catamarans, and Dinosaurs. There are no prerequisites for this course.

5, 3 hour sessions

M-F 9:00am-12:00pm 8/20-8/24 \$160/\$213 186410.12

#### **STEM CHALLENGE** AGE 7-11

Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Forklifts, Houseboats, Mini Golf Courses, and the London Tower Bridge. There are no prerequisites for this course.

5, 3 hour sessions

M-F 1:00-4:00pm 8/20-8/24 \$160 / \$213 186410.14

# STORYBOOK DANCE CAMP

Dance camps are a multi-art experience, with daily craft projects, stories and videos based around each theme. Costumed performances and a dance party will be held for parents on the last day of each camp. Participants will swim twice a week at the HCC's indoor pool and walk to the Farmers' Market each Thursday morning. Please provide ballet slippers, leotard, tights, any additional dance shoes as noted, swimsuit, towel, t-shirt, shorts, and sturdy shoes. Bring a healthy snack/lunch daily (no peanut/nut products).

#### **FANCY NANCY** AGE 4-6

Learn ballet and tap technique while living in Fancy Nancy's fun filled world! Make fancy crafts and learn fancy vocabulary words. Can you say – marvelous?! Whatever you are doing, you are sure to have a thrilling time through the stories and themes of the precocious little dancer! Please bring tap shoes.

10, 7 hour sessions

M-F 9:00am-4:00pm 6/18-6/29 \$336/\$447 184000.11

#### **SAFARI/LION KING** \* AGE 6-12

Influenced by Twyla Tharp's choreography, your child will continue their dance training in ballet and jazz, while concentrating on modern moves through hip-hop and basic tumbling. This is a great camp to exercise imagination and theatrical character-building through movement. Campers will spend their days on safari in the animal kingdom and jungles they create. Please bring jazz shoes.

9, 7 hour sessions no class 7/4

M-F 9:00am-4:00pm 7/2-7/13 \$303/\$403 184000.12

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# CLASSICAL BALLETS/DANCING PRINCESS\*

AGE 6-12

This camp focuses on ballet technique. Students will cover the stories of classical ballets such as the Firebird, Giselle, Swan Lake, Coppelia, Midsummer Night's Dream and favorites such as Sleeping Beauty, Cinderella, and the Nutcracker.

#### 10, 7 hour sessions

M-F 9:00am-4:00pm 7/16-7/27 \$336/\$447 184000.13

#### POWER PRINCESS\* AGE 5-10

Today's princesses are determined, passionate, and feisty. This camp features Pocahontas, Rapunzel, Mulan, Elsa, to name a few and covers ballet, tap and jazz. Please bring tap shoes.

#### 5, 7 hour sessions

M-F 9:00am-4:00pm 7/30-8/3 \$168/\$223 184000.14

#### **SUPER HERO** AGE 5-10

Learn jazz and hip-hop in this inventive camp for girls and boys alike. Besides dance technique, students will work on developing their own super hero persona, costume and their own comic book based around their character. Please bring jazz shoes; no ballet slippers needed.

#### 10, 7 hour sessions

M-F 9:00am-4:00pm 8/6-8/17 \$336/\$447 184000.15

# GYMNASTICS CAMP\*

#### Age 6-12

Want to learn or improve your skills? Participate in floor exercises, beam, and vault. Qualified staff and small student-teacher ratio provide individualized and higher quality instruction. We will swim two times during the week. T-shirt included. Each day bring a lunch, snack, and drink (no peanut/nut products).

4, 6 hour sessions	no class 7	/4
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M-F 9:00am-3:00pm 7/2-7/6 \$126 / \$168 188110.22

#### 5, 6 hour sessions

	9:00am-3:00pm			
M-F	9:00am-3:00pm	7/30-8/3	\$158 / \$210	188110.24

# ACRO-GYMNASTICS CAMP\* Age 6-12

Learn elements of jazz and hip-hop with a focus on tumbling, choreographed to upbeat music. An opportunity to participate in floor exercise, bars, balance beam, vault, dance, swimming (optional), arts & crafts, and games. Bring a lunch, snack (no peanut/nut products) and a large T-shirt for crafts. Extended care available for some sessions.

#### 5, 6 hour sessions

M-F	9:00am-3:00pm	7/9-7/13	\$158 / \$210	188310.10
M-F	9:00am-3:00pm	7/23-7/27	\$158 / \$210	188310.20
M-F	9:00am-3:00pm	8/13-8/17	\$158 / \$210	188310.22

#### MUNCHKATEERS (Preschool Gymnastics)

#### Age 4-5

This innovative movement program for children combines fitness, elementary gymnastics, and games. The program develops your child's large motor coordination skills, strength, flexibility and imagination. Plus, they will have a great time! Children should be ready for group instruction.

#### 5, 3 hour sessions

M-F	9:00am-12:00pm	6/18-6/22	\$84 / \$112	188000.10
M-F	1:00-4:00pm	6/18-6/22	\$84 / \$112	188000.00
M-F	9:00am-12:00pm	7/16-7/20	\$84 / \$112	188000.02
M-F	9:00am-12:00pm	8/6-8/10	\$84 / \$112	188000.03

## Tumbling Camp $^{\star}$

#### Age 10 & up

This camp is designed for our more advanced athletes who are looking to maintain or further develop their tumbling skills - perfect for those looking to try out for middle or high school teams. Instructors will help athletes develop front and back walkovers, standing handsprings, round-off handsprings and additional series tumbling. Athletes will focus on proper body positions and practice other various drills used to develop body awareness, strength and proper tumbling form.

#### 5, 3 hour sessions

M-F 1:00-4:00pm 7/16-7/20 \$84/\$112 188311.10

# CHEERLEADING CAMP\* Age 6-12

This camp is designed to introduce athletes to the fundamentals of cheerleading. Basic to intermediate skills will be taught based on proper progressions for tumbling, stunting, motions, jumps, cheers and dances, in a safe and age appropriate manner. Each day bring a snack/drink (no peanut/nut products).

#### 5, 3 hour sessions

M-F 1:00-4:00pm 8/6-8/10 \$84/\$112 188312.10



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# Nova Legend Soccer

#### Age 6-12

Don't miss an opportunity to continue development of fundamental soccer skills including dribbling, passing, shooting and ball control. Skills for more advanced players will include offensive and defensive strategy. Days will consist of a warm-up, conditioning drills, and fun soccer-related games using your developing skills. Scrimmages and games will also continue to aid in the player's development. Bring a soccer ball labeled with child's first and last name. Meets at Bready Park soccer field.

#### 5, 3 hour sessions

M-F 9:00am-12:00pm 7/16-7/20 \$141 / \$188 187100.10

# BASKETBALL CAMP

#### Age 6-12

Ignite Sports offers a basketball program that whether you're new to the game or simply looking to improve your skills, is the perfect program for you. Through interactive and age-appropriate games, campers will learn basic fundamentals, including shooting, passing, rebounding and defense. Develop the ability to work as a team and exhibit good sportsmanship. Meets at Bready Park outdoor basketball courts.

#### 5, 3 hour sessions

M-F	9:00am-12:00pm	7/30-8/3	\$141 / \$188	18/210.10
M-F	9:00am-12:00pm	8/6-8/10	\$141 / \$188	187210.11

# MULTI-SPORT CAMP

#### Age 6-12

Ignite offers a multi-sport program that helps young athletes excel in a variety of skills through various sports and activities. Each day the sport focus will be different and include skill instruction, sport specific and basic agility drills/games, team building activities and unique games that will help to further develop fitness, coordination and confidence. Participants will work together to gain a better understanding of team work and good sportsmanship!

# 5, 3 hour sessions M-F 9:00am-12:00pm 7/23-7/27 \$141 / \$188 187510.10

# Tennis Camp 1/2 DAY

#### Age 8-12

A great way for kids to spend their summer outdoors learning tennis and having fun. The camp will feature on and off-court instruction, warm-ups, and conditioning. Students must provide their own racquet and a new can of balls. Bring a snack each day (no peanut/nut products). No swimming offered during ½ day camps.

#### 5, 3 hour sessions

M-F	9:00am-12:00pm	6/18-6/22	\$113 / \$150	188610.10
M-F	9:00am-12:00pm	7/9-7/13	\$113 / \$150	188610.11
M-F	9:00am-12:00pm	7/23-7/27	\$113 / \$150	188610.12
M-F	9:00am-12:00pm	7/30-8/3	\$113 / \$150	188610.13
M-F	9:00am-12:00pm	8/6-8/10	\$113 / \$150	188610.14

# Tennis camp full Day\*

Age 8-12

The camp will feature on and off-court instruction, warm-ups, and conditioning.

Individual instruction and match play are included. Students must provide their own racquet and a new can of balls. Bring snack, lunch and bathing suit every day in case of inclement weather. Other sport activities such as racquetball and swimming will be included. Eligible for extended care hours for some sessions.

#### 5, 6 hour sessions

M-F	9:00am-3:00pm	6/25-6/29	\$180 / \$239	188710.10
M-F	9:00am-3:00pm	7/16-7/20	\$180 / \$239	188710.11
M-F	9:00am-3:00pm	8/13-8/17	\$180 / \$239	188710.12

## Tennis Camp

One is never too young to learn a life time sport. Your child will learn basic tennis fundamentals by using creative games and teaching techniques.

#### **AGE 4-5**

#### 5, 45 minute sessions

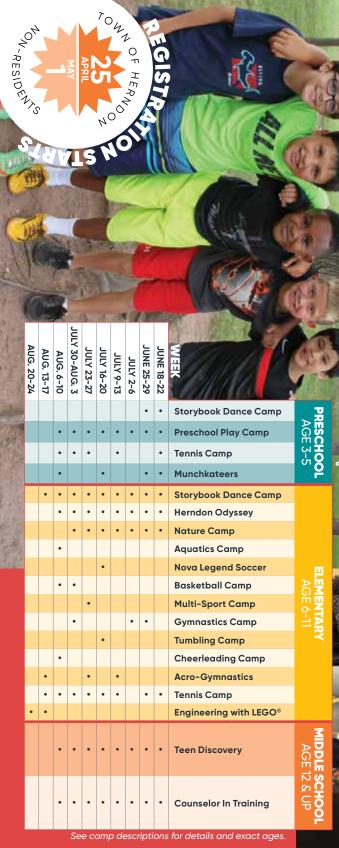
M-F	9:00-9:45am	6/18-6/22	\$53 / \$70	188400.10
M-F	9:00-9:45am	7/9-7/13	\$53 / \$70	188400.11
M-F	9:00-9:45am	7/23-7/27	\$53 / \$70	188400.12
M-F	9:00-9:45am	7/30-8/3	\$53 / \$70	188400.13
M-F	9:00-9:45am	8/6-8/10	\$53 / \$70	188400.14

#### **AGE 6-7**

#### 5. 45 minute sessions

9/ 40 minute occorono				
M-F	10:00-10:45am	6/18-6/22	\$53 / \$70	188510.10
M-F	10:00-10:45am	7/9-7/13	\$53 / \$70	188510.11
M-F	10:00-10:45am	7/23-7/27	\$53 / \$70	188510.12
M-F	10:00-10:45am	7/30-8/3	\$53 / \$70	188510.13
M-F	10:00-10:45am	8/6-8/10	\$53 / \$70	188510.14

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Herndon, VA 20170

herndon-va.gov/recreation 703-787-7300

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Town of Herndon

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